



TLC Family Resource Center supports and strengthens all families, children, and youth with a wide range of free programs, support groups, education, and events.

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News and Events for January

SHINE mobile arrives at TLC

After many months of waiting, the SHINE Mobile has come back from the detailing shop and is ready to hit the road. The SHINE Mobile will help TLC encourage much-needed conversations around sexual health in the communities we serve. Do you have an event for the SHINE Mobile to attend? Please let us know at info@tlcfamilyrc.org.



Love seat needed

We are seeking a gently used love seat for one of our playrooms. Please call 603-542-1848 or email Maggie if you have a donation to make.

What's Happening

New staff members



TLC has just brought on two women to continue the SHINE program and fulfill TLC's contract with the NH Department of Health and Human Services. Kerry Rocheford will be presenting the sexual health instruction using the FOCUS curriculum. She is known in the community and the schools for her work with

Turning Points Network in violence prevention education. Beverly Jordan will be doing the promotion and scheduling of SHINE programs. She is new to the Plainfield community and has a background in coordinating and promoting

programs within the military. For more information, please call 603-542-1848 or email Maggie.

Employment opportunity

The mission of TLC Family Resource Center is to promote the optimal health and development of children and families living in Sullivan and Lower Grafton counties. In order to accomplish our mission, TLC employs parent educators who help to strengthen families. The role of the parent educator is to help parents and children develop healthy attachment, create positive parent/child relationships, and achieve their goals using the Growing Great Kids curriculum. This is a full-time position. For more information, click [here](#). No phone calls please.

Upcoming Events

Diversity readings continue

Join the Claremont School District and Rural Outright, a community program of TLC Family Resource Center, for the next book of Understanding Diversity and Inclusion through Children's Literature series with a reading and discussion of "Stand Tall, Molly Lou Melon" by Patty Lovell on Thursday, Jan. 17, at 3:15 p.m. The free book reading will be held at Fiske Free Library, 108 Broad St. in Claremont. The readings are free and open to the public. Everyone is encouraged to attend. Other readings are at TLC, at Noon, and the Claremont Soup Kitchen, at 3:45 p.m. Be sure to pick up your passport at the reading then attend two more readings to get a free book!



Open mic night planned

Rural Outright presents the first Open Mic Night of the year on Tuesday, Jan. 22, at the Claremont MakerSpace, 46 Main St., Claremont. Doors open at 6 p.m. The event is free and open to all.

Youth drop-in on-the-go

The Rural Outright Youth Drop-in is on-the-go! Come hang out at the Tremont House of Pizza, 134 Pleasant St. in Claremont, on Thursday, Jan. 10, at 5 p.m. Pizza and drinks are on us.

Save the Date for our annual dinner

We will be hosting our annual dinner on Thursday, April 4. The time and location to be determined soon. Join us to hear about the work we have done for the last year, plans for the upcoming year, and listen to our guest speaker—Sam Drazin.

Drazin, a resident of Bradford, VT, is an educator who was born with Treacher Collins Syndrome—a rare congenital disorder resulting in both facial anomaly and hearing loss. He underwent seven surgeries as a child while attending the local public school. His experiences tie closely with the best selling book *Wonder*, by R.J Palacio. Drazin shares his story and facilitates meaningful conversations around what it means to be different. He speaks on bullying, resilience, and empathy—topics that are a part of our every day work at TLC. You can find out more about Drazin at samdrazinspeaking.com.



Stay tuned for more details in the coming months!

For up-to-date information and a full list of support groups and upcoming events, please check our [Calendar of Events](#).

NARCAN training is available



The Center for Recovery Resources, a community program of TLC Family Resource Center, is offering free NARCAN training. Just stop by the office to receive the training, which is open to anyone in the community.

Many people mistakenly think that NARCAN is administered via an injection. It is administered through a nasal spray and has no effect on the person if they are not overdosing. Learning to use it and carrying it with you could save a life...anywhere.

The Center is open Monday to Friday, from 9 a.m. to 5 p.m., and is located at 1 Pleasant St. Suite 104 in Claremont. For more information about The Center and the peer recovery services offered, click [here](#).

Neil Allen
Communications and Marketing
neil@tlcfamilyrc.org
www.tlcfamilyrc.org

TLC Family Resource Center | 603-542-1848 | [Email](#) | [Website](#)

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