



*TLC Family Resource Center supports and strengthens all families, children, and youth with a wide range of free programs, support groups, education, and events.*

[WEBSITE](#) | [ABOUT US](#) | [PROGRAMS](#) | [SUPPORT](#) | [EVENTS](#)

## News and Events for October

# fresh COOKBOOK

For the entire month of October, every **fresh Cookbook** sold at the **Hannaford** store at:

220 Washington Street  
Claremont NH

will provide \$5 of support to:

**TLC Family Resource Center**



## NARCAN training is available



The Center for Recovery Resources, a community program of TLC Family Resource Center, is offering free NARCAN training. Just stop by the office to receive the training, which is open to anyone in the community. The Center is open Monday to Friday, from 9 a.m. to 5 p.m., and is located at 1 Pleasant St. Suite 104 in Claremont. For more information about The Center and the peer recovery services offered, click [here](#).

**Thank you for supporting TLC**



Thank you to all the runners, walkers, and volunteers that helped to make the 9th annual Born to Run 5K race a fantastic event. We were blessed with a perfect cool autumn morning with lots of sun and clear skies. A special thank you to our Honorary Chair and Claremont's Mayor, Charlene Lovett, for starting the race then walking the 5K with her husband. Everyone had a great time with 16 runners receiving a fresh, homemade pie as a prize for doing the best in their category. Eric Ellingson and Alyssa Anderson, the top male and female runners, also received a gift certificate to Omer & Bob's in Lebanon. While the runners and walkers were busy with the race, children enjoyed the Pumpkin Patch Dash obstacle course, which they went through while carrying (and pushing!) pumpkins. Many thanks to Gina and Gabe from Red River in Claremont for their help with planning the event and creating a fun obstacle course!

### Thank you to our sponsors!

Crown Point Cabinetry  
Mascoma Bank  
Well Sense Health Plan  
Baystate Financial  
CCI Managed Services  
Bar Harbor Bankshares  
Lake Sunapee Region VNA & Hospice  
Reed Truck Services Inc.  
Valley Regional Healthcare  
Lawrence E. Reed, CPA  
Dartmouth-Hitchcock Medical Center  
Delta Dental  
CASA  
AmeriHealth Caritas  
Ameriprise Financial  
Newport Rotary  
Claremont Savings Bank  
Clark-Mortenson Insurance  
Sugar River Bank  
The Richards Group  
King Arthur Flour



## Upcoming Events

For up-to-date information and a full list of support groups and upcoming events, please check our [Calendar of Events](#).

## Community groups to show 'It's Criminal'

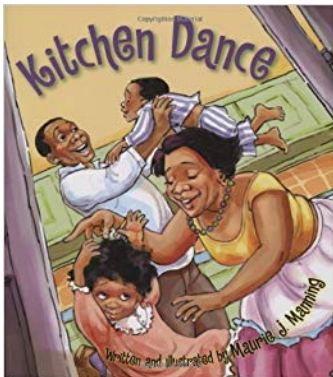
There will be a free screening of "It's Criminal" on Thursday, Oct. 18, at 6 p.m., at River Valley Community College (RVCC) in Claremont. Following the screening, there will be a Q&A discussion panel with Director Signe Taylor and several people from the film who had gone on to study at RVCC following their release from the Sullivan County jail. The screening is made possible with support from the NH Bar Foundation, System of Care-FAST Forward, Turning Points Network, TLC Family Resource Center, and Quaker City Unity Friends Meeting.



## Queer film series to feature 'Milk'

Celebrate LGBTQ History Month at the Queer Film Series featuring a free screening of *Milk* on Friday, Oct. 12, at 6 p.m. at the Center for Recovery Resources, 1 Pleasant Street Suite 104 in Claremont. *Milk* won Academy Awards for Best Actor and Best Screenplay in 2008. Refreshments will be served. For more information, email [ruralnhoutright@gmail.com](mailto:ruralnhoutright@gmail.com).

## Diversity Reading series continues



Join the Claremont School District and Rural Outright, a community program of TLC Family Resource Center, for the next book in the Understanding Diversity and Inclusion through Children's Literature series with a reading and discussion of "Kitchen Dance" by Maurie J. Manning. The free book reading will be held at Maple Avenue Elementary School on Thursday, Oct. 18, at 3:15 p.m. and Disnard Elementary School at 4 p.m. There will be additional readings on the same day at One-4-

All Family Space at 11 a.m. and Fiske Free Library at 6 p.m. Refreshments will be available. All of the readings are free and open to the public. Everyone is encouraged to attend.

---

Neil Allen  
Communications and Marketing  
[neil@tlcfamilyrc.org](mailto:neil@tlcfamilyrc.org)  
603-542-1848  
[www.tlcfamilyrc.org](http://www.tlcfamilyrc.org)

## STAY CONNECTED

