



*TLC Family Resource Center supports and strengthens all families, children, and youth with a wide range of free programs, support groups, education, and events.*

[WEBSITE](#) | [ABOUT US](#) | [PROGRAMS](#) | [SUPPORT](#) | [EVENTS](#)

## News and Events for September

### Miss Kendra Model to Start in Newport

TLC Family Resource Center has been screening the film *Resilience: The Biology of Stress and the Science of Hope* for nearly two years. Every time it is screened, there is a new group of people who better understand the concepts of Adverse Childhood Experiences (ACEs). One of the beauties of the movie is that it doesn't stop by identifying the problem. The producers highlight evidence-based programs that can help children cope and be resilient. One of those programs is Miss Kendra's List which was started by The Post-Traumatic Stress Center in New Haven, CT, and is now used throughout the New Haven and Minneapolis school districts as part of the ALIVE Program.



In partnership with TLC and our clinical supervisor, Melony Williams, the Newport kindergarten classes will be introduced to Miss Kendra this month. Read more about Miss Kendra [here](#).

### The Center for Recovery Resources seeks volunteers for meetings

The Center for Recovery Resources, a community program of TLC Family Resource Center, is seeking volunteers from the recovery community. They are looking for people to host peer support meetings



including Alcoholics Anonymous, Narcotics Anonymous, as well as SMART Recovery and other formats. Volunteers are also needed to make it possible for The Center to be open on weekends. If you're interested in volunteering, stop by The Center to talk to Wayne Miller, manager, or email [wayne@tlcfamilyrc.org](mailto:wayne@tlcfamilyrc.org).

The Center is open Monday to Friday, from 9 a.m. to 5 p.m., and is located at 1 Pleasant St. Suite 104. For more information about The Center and the peer recovery services offered, click [here](#).

## Upcoming Events

# THE CENTER FOR RECOVERY RESOURCES

A community program of TLC Family Resource Center

**GRAND OPENING**  
**THURS. 9.20.18**  
**4:30 - 6:30 PM**  
**1 PLEASANT STREET SUITE 104**  
**CLAREMONT, NH 03743**

The event is free. Please register [here](#).

---



# BORN TO RUN 5K

racing to end child abuse

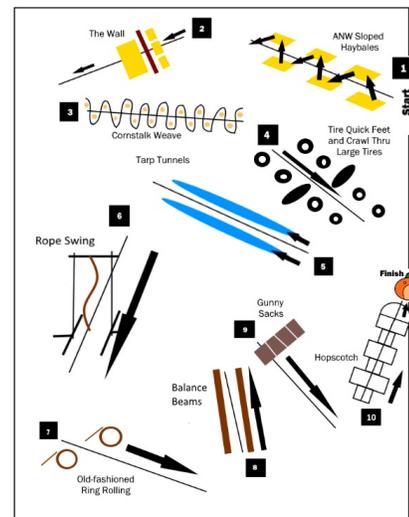
tlcfamilyrc.org



## Register for the 5K race today

Join us for our Born to Run 5K on Saturday, Sept. 22 in Cornish, NH. Registration starts at 8 a.m., the race begins at 9. Runners can either pay for their registration or sign up to get sponsors to cover the cost of their registration and raise additional funds to help support TLC. Registration and sponsorship information are available [here](#).

There will also be an all new Pumpkin Patch Dash open to the entire community from 9 a.m. to noon. The Pumpkin Patch will feature an obstacle course with tires, corn stalks, pumpkins, and much more. The Pumpkin Patch and Dash are free and open to kids 14 and under throughout the community. Participation in the race is not required.



## OPEN MIC NIGHT

The next Open Mic Night will be held on Tuesday, Sept. 25 at the Claremont MakerSpace, located at 46 Main St. in Claremont, NH. Doors open at 6 p.m. Sign up at the door.

Bring your poems, your music, your skits -- bring your voice.

RURAL OUTRIGHT  
PRESENTS



**QUEER  
FILM  
SERIES**

EDUCATION, ENTERTAINMENT, AND ADVOCACY

**KINKY BOOTS**  
**SEPTEMBER 14**  
**6PM**

THE CENTER FOR RECOVERY RESOURCES  
1 PLEASANT STREET, CLAREMONT, NH 03743

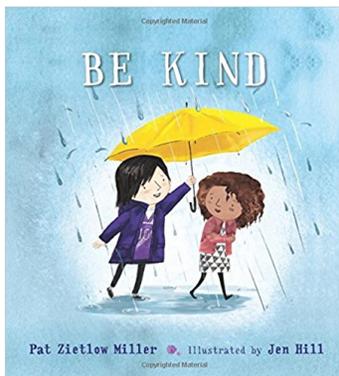
ALL SCREENINGS WILL BE OPEN CAPTIONED FOR  
DEAF AND HARD OF HEARING COMMUNITY MEMBERS.

FREE & OPEN TO ALL — REFRESHMENTS AVAILABLE



a community program of TLC Family Resource Center

## Diversity Reading series begins second year



Join the Claremont School District and Rural Outright, a community program of TLC Family Resource Center, for the kick-off of the second year of Understanding Diversity and Inclusion through Children's Literature series with a reading and discussion of "Be Kind" by Pat Zietlow Miller. The free book reading will be held at Maple Avenue Elementary School, 210 Maple Avenue in Claremont, on Thursday, Sept. 27, at 3:15 p.m. and Disnard Elementary School at 4 p.m. There will be

additional readings on the same day at One-4-All Family Space at 11 a.m. and Fiske Free Library at 6 p.m.

Refreshments will be available. All of the readings are free and open to the public. Everyone is encouraged to attend. Visit Rural Outright's [page](#) for information additional readings.

---

Neil Allen  
AmeriCorps VISTA  
neil@tlcfamilyrc.org  
603-542-1848 ext. 311  
www.tlcfamilyrc.org

**TLC Family Resource Center | 603-542-1848 | [Email](#) | [Website](#)**

# STAY CONNECTED

